



February 25, 2021

Web Announcement 2437

## **Attention All Behavioral Health Providers: Psychotherapy Service Limitations Restart January 1 Each Calendar Year**

The Behavioral Health Unit (BHU) of the Division of Health Care Financing and Policy (DHCFP) would like to remind providers that the outpatient psychotherapy service limitations set forth in Medicaid Services Manual (MSM) Chapter 400 (Mental Health and Alcohol and Substance Abuse Services) restart on January 1.

Service limitations for Individual, Group and Family Therapy sessions (combined) without a prior authorization (PA) are:

- 10 to 26 sessions under the Child and Adolescent Service Intensity Instrument (CASII), and
- 6 to 18 sessions under the Level of Care Utilization System for Adults (LOCUS).

For prior authorization of Outpatient Mental Health (OMH) and Rehabilitative Mental Health (RMH) services, providers may submit the appropriate request form, including multiple services with different dates of service. Each service will be reviewed separately.

Services are recipient-based, and the recipient may seek treatment according to their needs. When the service limitations are met in a calendar year and the recipient continues to meet medical necessity for these services, a PA request for the service may be submitted by the provider. If approved by the DHCFP through its Quality Improvement Organization (QIO)-like vendor, the provider may administer the services as described in the approved PA and include the PA number on their claims in order to be paid.

For service limitations based on the calendar year, providers may end-date PA requests for December 31, as appropriate. If a PA is approved for a psychotherapy service with dates of service which span from one calendar year into the following calendar year, those services may be delivered according to the approved PA. Regardless of a provider's active prior authorization, all sessions billed on behalf of the recipient will count toward the session limits from January 1 of each calendar year.

Please contact the BHU with specific questions related to psychotherapy services and their service limitations. The email address is [BehavioralHealth@dhcfp.nv.gov](mailto:BehavioralHealth@dhcfp.nv.gov)